



Developing the World's Future Leaders

ACADEMY FOR LEADERSHIP ABILITIES®



COLLABORATING PARTNERSHIPS

LEADERSHIP TOWER ACTIVITY

(found on multiple internet sites)

This is great team building exercise that is suitable for teenagers in class rooms to adults in workplace settings. This exercise encourages creative problem solving through teamwork.

The goal of this exercise is to have your team build the tallest free standing tower with 3 x 5 cards

Directions:

Divide the class into teams of 4-6 participants. *This can be done in a variety of ways depending on the facilitator, but should be equal teams if possible.*

Give each team a stack of index cards

Each card used to build the tower needs to have a word or phrase that describes a quality of Leadership or Integrity, written on it before being used in the tower. Words and phrases should not be duplicated within each team. *The theme of the towers can be changed as needed for the current lesson involved, with different words/phrases written on the cards.*

Teams are given 15 minutes to fill out Index Cards and then build the tallest tower possible.

Follow-up with questions about what roles did each team member play? How they determined who would do what? Why did they do what they did? etc.

Below is a variation on the same activity that is more difficult. It can be used with an older group, or later in the year with a group that has already completed the initial activity. Redoing this activity following the below guidelines will show growth.

Here are the guidelines:

1. You will be given TEN MINUTES to plan the tower and fill out index cards to be used.
2. You will have FIVE MINUTES for the actual construction of the tower.
3. While you plan, you MAY NOT DAMAGE THE CARDS IN ANY WAY (other than to write on them), but you MAY SPEAK.
4. While you build the tower, you may NOT SPEAK to each other.

Materials: 50 3X5 cards. You can substitute with a deck of playing.